GLOBAL THEEN By Switter Rithman

THE MENU

Global Theeni is a product that has been refined and polished over many years. I grew up in Coorg- the land of coffee, beautiful homes, food and hospitality. My passion for baking and, subsequently, cooking, stemmed from watching both my grandmothers in the kitchen. One of them was slow, meticulous and created the food and aromas that are still with me after over 3 decades. The other, one of a breed, would bake in hand-made ovens and sand pits. She set jelly even before refrigerators made their appearance in Coorg! My recipes are all variations of the kind of wholesome cooking and baking that I grew up being exposed to. Recipes and tips from my mother, aunts, extended family and friends have been documented with their names and honed to appeal to my customer palate.

My recipes have now expanded to include healthy varieties of the standard baked goods, with customization available for each dish on request. All but a few of my cakes are made with organic whole wheat. While most of my recipes of cakes are with eggs, I have adapted many of them to be just as good without eggs. The food cooked here is prepared at home and tastes as such. Hygiene is priority and any preservatives, colours or chemicals are a complete NO. On occasion when colours are used in cakes, it is on customer request and the least harmful.

I have made a sincere effort to cater to the Vegan, GlutenFree and SugarFree palate while avoiding sugar substitutes and the like.

I have been baking for orders in Chennai since 2000.

I pride myself on my effort to make my packaging totally environment friendly. To this effect, only tin or steel boxes or plates and cotton bags are used here. While all of these add to my costs, I have made this my conscious choice. These are a joy for my customers too and my pride! To give back to society, the bags and hamper baskets are made by women and teens with special needs and every time a customer gushes about them, I beam with pride.

-

Smitha Kuttayya Boppanda

Call or message : 9444385425/9176190210 Instagram: @global.theeni











Chocolate Fantasy A constant on my menu since 2001, the crumb texture on this one is just right and can be layered up with customisable icing and served either lightly frosted or as a richer celebration cake.	1500
Pound Cake A classic recipe reminiscent of my grandmother's kitchen, this cake can be had plain, with a light frosting or with butter cream icing.	1300
Sacher Torte A rich, layered chocolate cake sandwiched with apricot/fig/strawberry preserve or a compote of your choice. The cake is topped with chocolate ganache.	1700
Devil's Food This dark chocolate cake is layered with chocolate fudge icing and topped with white American Frosting and is as sinful as the Devil himself.	1800
Marble Cakes Perfect for those who like experimenting with flavours, these cakes can be made in combinations of your choosing. The cakes have a beautiful marbled texture.	1500
Coffee/Mocha Cake These rich buttery cakes are flavoured with coffee from estates in Coorg. Can be customised into a Mocha cake by adding chocolate.	1500
Choco-chip This is a chocolate cake with chocolate chips inside covered with chocolate frosting and chocolate chips. Chocolate chunks can can be used in place of choco-chips.	1500
Double Chocolate A sinfully rich chocolate cake with double the chocolate-y pleasure. Layered and topped with rich chocolate icing. Can be made richer with Callebaut chocolate.	1600
Caramel Coconut cake Coconut and caramelized sugar are unconventionally combined to give this cake an almost smoky flavour. Among my favorites too!	1600
THE NUTTY ONES	

Almond/Walnut

Filled with almonds/walnuts and a sprinkling of spices of your choice.

Butterscotch

Made with in-house crushed and scotched nuts, this one is a sure winner.

1800

1800

Royal Plum

A once-a-year affair, this plum cake is a three month long process. The dried fruit and nuts are soaked in rum and wine along with homemade candied orange peel and dark caramel. The blend of spices used- sourced from Coorg- make this cake flavourful and rich. This one is made with organic whole wheat. Vegan, gluten-free and raisin-free versions are available too.

Rum and Caramel

This is one of my grandmothers classic recipes that I have tweaked to make with organic whole wheat. Caramel and rum are always a great combination and they come together beautifully in this cake that has a hint of spices.

Irish Cream

Call it Baileys or Irish cream, the blend of coffee and whiskey is always a delight. This cake showcases this blend of flavours in the best possible way. (better with refined flour but good with wholewheat too)

Whiskey Cake

FRESH FRUIT CAKES

This is a top-of-its-league cake. A plain butter cake infused with quality whiskey, this one tastes best with a butter cream icing. Made with all superior ingredients, this one is as irresistable as the name suggests. Can be customised in chocolate or nut flavours too.

Lemon cake	1600
A classic pound cake infused with lemon syrup and sprinkled with grated lemon rind. Tastes best with a very light frosting.	
Apple cinnamon	1700
Can this combination ever fail? Chunks of apple and the wafting aroma of cinnamon make this a classic.	
Pineapple Upside-down This is one of those cakes which bakes on a bed of fruit. When it is turned over, the pineapple	1500
from the bottom adorns the top of the cake.	
Orange Chiffon	1700
A light and citrusy cake that goes well with a light icing or just on its own too. Contains orange juice.	
Strawberry Delight	1800
Chunks of strawberry add bursts of flavour to this cake. Lovely when had with a plain frosting or a chocolate sauce frosting. Fresh strawberries when available or frozen strawberries used here.	
Carrot cake	1600

Loaded with grated carrot and spiced with ginger powder, this one is topped with a sour cream or hung curd frosting.

*all food is cooked in the same kitchen with same utensils **no preservatives used ***rates are inclusive of tax and are subiect to chanae without nc

fssai: 22420076002326 GST: 33APPPB7279A1Z0

2200

1800

1900

1900

COLD CAKES AND PUDDINGS

Chocolate Mousse cake	1900
Cheesecake (strawberry/blueberry/caramel other)	1900
Lemon/Strawberry mousse cake	1800
New York Cheesecake	1900
Coconut pudding	1500
Fig and walnut coffee cream	1800
BROWNES (1/2 kg tins)	
Cheese-n-Caramel Brownies	1000
Boston Brownies	1100
Double Chocolate Brownies	1100
Coffee Brownies	1100
Infused Brownies	1200
COOKIES (1/2 kg)	
Almond Cookies This one is a whole wheat special with loads of sliced and broken almonds	850
Ginger Cookies Caramel and ginger powder sprinkled with crystal sugar, these cookies are light and healthy too.	800
Choco-chip Cookies Plain cookies filled with choco-chips. A classic favourite.	850
Pinwheel Cookies Chocolate and vanilla cookie dough rolled together, sliced and baked to look like pinwheels.	800
Chocolate Cookies The classic chocolate loaded delight.	800
Melting Moments Light buttery cookies with a sprinkling of cornflakes adding a crunch.	800
Shortbread cookies These are a crowd favorite and change shape according to the season that is around the corner.	800

*all tood is cooked in the same kitchen with same utensils **no preservatives used

VEGAN

Chocolate cake Made with whole wheat without margarine or vanaspati	1600
Fresh fruit/Lemon cake Made with whole wheat without margarine or vanaspati. Contains pieces of fruit.	1600
GLUTEN-FREE	
Flourless chocolate cake Made with 90% almond flour	2000
Butterscotch cake Made with 90% almond flour and our in-house praline	2000
VEGAN AND GLUTEN-FREE	
Butterscotch cake Made with 90% almond flour, without margarine or vanaspati	2000
Almond cake Made with 90% almond flour, without margarine or vanaspati	2000
SALADS	
Egg and Potato salad Boiled egg and chunks of potato tossed in our in-house mayonnaise and mustard	1500/kg
Russian salad Vegetables, fruits in our in-house mayonnaise	1500/kg
Leafy salad Lettuce with seasonal fruits and nuts in our in-house mayonnaise	1500/kg
Ceaser salad Chicken, lettuce, fruits and nuts tossed in our in-house mayonnaise	1600/kg
Sausage and bacon salad	1600/kg

Sausages, bacon with vegetables tossed in a dressing of your choice













Chicken/Vegetable Bake (Au gratin) Chicken mince or vegetables cooked in butter, flavoured with spices and baked in a white sauce that is loaded with cheese.	1300
Dressed Roast Chicken This is a whole meal and some! A whole chicken stuffed with mashed potato and spices and baked. The chicken in flamed post-baking for a nice roasted skin. Served as is with a sauce, mashed potato and grilled vegetables/baked herb rice.	1500
Pork BBQ (1/2 kilo) Marinated pork that is grilled in the oven and then shredded. The dressing is primarily barbecue sauce in our special proportion along with a sauce blend. Best had with grilled vegetables, mash, or in a burger.	800
Pork chops 4pcs/ Pork ribs 8 pcs Choicest cuts of pork chop are marinated in a blend of sauces and slow grilled till the meat just falls off the bone. The chops are served with potato mash and baked veggies. Other accompaniments can be added as per preference.	1200
Meatloaf (chicken/lamb/fish) Your choice of chicken/lamb mince or shredded fish mixed with spices and sauces, packed in a loaf tin and baked. Vegetables can also be added. The loaf can either be sliced and served with a dip/sauce or eaten plain as desired.	1300
Shepherd's Pie A traditional recipe with the minced lamb in nutmeg and herbs as the base layer and a potato mash as the top layer. The potato is baked to form a light crust that gives way to the soft mash and meat underneath. This one never fails to be the star of the table.	1400
Mushroom and corn bake/Spinach & mushroom Mushroom, corn and choice of vegetables in a bed of white sauce, butter and cheese baked with spices and herbs. The vegetables in this au gratin can be customised.	1200
Mac 'n' Cheese	1000
Chicken Lasagne	1100
Penne in Red Sauce	1000
Spaghetti in Pesto sauce	1000
Penne in white sauce	1000
Sausaae and bacon bake	1300

KODAVA CUISINE

CURRIES (prices per portion of 500g) —	
NON- VEGETARIAN	
Pandi Curry	700
Koli Curry (Chicken)	500
Yerchi Curry (Mutton)	750
Meen Curry (Fish)	750
Kheema curry (Chicken/Mutton mince)	700
Kaima unde Curry (Mutton meatball)	750
VEGETARIAN	
Baimbale (bamboo shoot- seasonal)	650
Peas and Potato	500
Mixed Vegetable	500
Kuru (beans)	500
Kummu (mushroom)	500
SIDES	
NON- VEGETARIAN (500g)	500
Chicken pepper fry	500
Mutton pepper fry	750
Chilly pork	750
Garlic pork	750
Fried fish	aries
VEGETARIAN	
Plantain fry	500
Cauliflower batter fried	500

*all food is cooked in the same kitchen with same utensils **no preservatives used

KODAVA CUISINE

STARTERS	
Cutlets - 500g (Mutton/Chicken/Veg) Minced meat mixed with potato and fried in a batter of egg and rice flour	750/500/400
RICE DISHES	
NON- VEGETARIAN	
Pulav (Mutton/Chicken) Rice cooked in spices along with tender pieces of meat	750/portion
Palputtu Steamed rice cakes in a coconut base with a sprinkling of coconut and cardamom	150/plate
Noolputtu String hoppers	150/plate
Kadumbuttu Bite sized steamed rice dumplings	150/plate
Neerdosai Gluten free pancakes made with ground rice flour	150/plate
Sannas An idly shaped delicacy made with rice, coconut and fermented coconut water	50/piece
Koovolai puttu A rice patty with banana/jackfruit, cardamom and coconut wrapped in banana leaf and stee	50/piece amed
DESSERTS	
Thambuttu Banana mashed with roasted rice flour and powdered spices	300
Kaskase payasa A payasam made out of rava and milk, with dried fruits and nuts	200/bottle
Tender coconut pudding A light pudding made from tender coconut water and fruit	500
Aalbai Coconut and rice halwa	600

*all food is cooked in the same kitchen with same utensils **no preservatives used ***rates are inclusive of tax and are subject to chanae without r

















BREADS

Cinnamon buns Soft bread filled with caramel, sugar and cinnamon; topped with cream cheese frosting. This is a pull-apart tray of rolls.	700
Chocolate buns Soft bread rolled with a filling of pure chocolate and baked to perfection. This is a pull-apart tray.	700
Stuffed buns (Veg/Non veg) These soft buns are filled with either a sweet or a savory filling and baked individually.	600/700
House loaf	200
SAVOURY	
Quiche (Chicken/Veg) A rich filling of vegetables/chicken and cheese baked in a crumbly flour base	1800
Tarts (Chicken/Veg) Bite sized tarts with a cheese and chilly filling or a chicken filling	70/60
Mini Pizzas (Chicken/Veg) Bite sized tarts with a cheese and chilly filling or a chicken filling	50/40
Rolls/Shawarma (Chicken/Veg) Bite sized tarts with a cheese and chilly filling or a chicken filling	150/120
SWEET	
Tarts (Lemon/jam/caramel/fruit) A rich filling of vegetables/chicken and cheese baked in a crumbly flour base	60
Apple pie $(8''/12'')$ 1	200/2000

Apple pie (8"/12") A rich filling of vegetables/chicken and cheese baked in a crumbly flour base

Meringue pie (8") A rich filling of vegetables/chicken and cheese baked in a crumbly flour base

2000

SNACKS (1/2kg)

Almond Chivda	800
Kalkals	800
Diamond cuts sweet	500
Diamond cuts savoury	500
Chakkuli	900
PICKLES (300g)	
Pork	600
Mutton	700

Chicken
500

Prawn
600

Seer Fish
600

Onion
500

Mixed Veg
500

Mushroom
500

All prices are inclusive of GST. Delivery will be charged additionally as per actuals